

*** The German version is binding, the English version is for information purposes only***

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| FB08 Examinations Buildings: S, V, W, Z | Workplace Safety Instructions Examination rooms: SE 01, V1 V2, W112, ZE 33, ZE34-36, Z 134bc | Hochschule Niederrhein University of Applied Sciences |
| Organic substance | | |
| Coronavirus SARS-CoV-2 – Risk Group 3 | | |
| Danger to the public | | |
| <p>Coronavirus Disease 2019 (COVID-19) is caused by the SARS-CoV-2 virus and is spread from person-to-person.</p> <p>Means of transmission: The virus is spread through droplets in the air (droplet infection) or through contaminated hands coming in contact with mucous membranes in the mouth, nose and eyes (smear infection).</p> <p>Incubation period: The incubation period can be as short as a few days or as long as two weeks.</p> <p>Impacts on health: It can cause symptoms such as respiratory illnesses including fever, cough and shortness of breath. In more serious cases, it can cause pneumonia, severe acute respiratory syndrome (SARS), kidney failure or can even be fatal. Those with pre-existing medical conditions or who are immunocompromised are particularly at risk.</p> | | |
| Protective measures and rules of conduct | | |
| <p>In order to limit the risk of infection, hygiene measures should be observed that are generally recommended to prevent the spread of influenza:</p> <ul style="list-style-type: none"> • Avoid shaking hands or other physical contact • Wash your hands regularly, often and thoroughly (at least 20-30 seconds using soap and up to the wrists) • Use hand disinfectant if washing is not possible • Keep your hands away from your face • Cough or sneeze into a tissue or your elbow • Keep a minimum physical distance of 1.5 m from other people • If you are unable to keep the minimum physical distance you must wear a face mask (covering your mouth and nose) • To prevent any droplet infections, you must wear a face mask (covering your mouth and nose) when waiting outside the examination room, when entering the examination room until you take your seat and again when leaving the room. • Please avoid crowds of people on the university premises. • Enclosed rooms will be aired regularly (air-conditioning system) <p>It is particularly important for people with pre-existing respiratory conditions and those who are immunocompromised to strictly observe these measures.</p> | | |
| Conduct in an emergency – first aid | | |
| If you have any symptoms you must inform your supervisor and dean and contact the Head of the Crisis Management Group (Mr. Höfer 0151/18209639) to agree the next steps. | | |
| Appropriate disposal | | |
| Any waste from the area, including used masks, must be packed in rubbish bags and disposed of as residual waste in the usual way. | | |