

## **"Regional Prevention Centre in the District of Viersen" – (RPV)**

### **About the RPV Project**

The job centre in the district of Viersen arranges about 1,200 medical reports per year for long-term unemployed people whose health currently prevents them from working. Around 600 of these reports certify permanent health restrictions, which could be remedied by preventive measures. So far, the medical findings of the reports have been passed on to the job specialists at the job centre, and recommendations made therein (regarding nutrition, sports, physiotherapy, psychotherapy, etc.) could not be taken into account or supported due to capacity constraints. This is where the RPV model project comes in.

On the basis of the capability approach, the project aims to establish structural and individual measures which increase the chances of long-term unemployed people to improve their health status and thus their chances of participating in the general labour market in the long run.

For this purpose, a "Regional Prevention Centre in the District of Viersen" is being established within the framework of a model project. "Health Care Coaches" (HCCs) coach long-term unemployed people and, within the framework of active support, lead them to health-promoting offers and support them in being able to accept and attend these offers. This additional support structure closes a gap in care in the district of Viersen, with the aim of accompanying people into the primary labour market and relieving the social systems in the long term.

The target group of the project is benefit recipients with mental and/or physical health restrictions, addiction and/or other typical problems. 300 people each are planned for the experimental and the control group.

The aim of the project is to support people in such a way that their overall living situation becomes more stable, they become "healthier" and are thus able to be reintegrated into the primary labour market. In this context, health is not only understood as the absence of illness, but also as the ability to lead a life in security and orderly living conditions.

Project duration: December 2019 until November 2024